

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Breusegem Mathias HEADCOACH

Coaches: Wielandt Pieter

Coaches: De Noble Chloë

Coaches: Huberty Maren

Coaches: Blom Dieter

Coaches: Slos Robbie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 200M BREASTSTROKE MEN 13-14

Heat:4, starttime: 09:47

Heat: 4/8 Lane : 4 Athlete: BECK STANN

Q-time: 02:58:30

PB (50m pool): 02:58.30 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 03:03.48 SB: 02:58.30 Lago Gent Rozebroeken 03/05/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.03	01:27.39	02:13.93	02:58.30	
	00:41.03	00:46.36	00:46.54	00:44.37	
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12

Heat:6, starttime: 10:18

Heat: 6/20 Lane : 3 Athlete: BAELE NORAH

Q-time: 01:30:13

PB (50m pool): 01:30.13 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:40.56 SB: 01:30.13 Zwembad Brigitte Becue 26/04/2026

	5 0 M	1 0 0 M	
PB	00:44.10	01:30.13	
	00:44.10	00:46.03	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12

Heat:13, starttime: 10:35

Heat: 13/20 Lane : 1 Athlete: DE BIE LIZE

Q-time: 01:25:03

PB (50m pool): 01:26.15 LOCHRISTI 25/01/2026 PB (25m pool): 01:25.03 SB: 01:26.15 LOCHRISTI 25/01/2026

	5 0 M	1 0 0 M	
PB	no time	01:26.15	
	no time		
			

Coach feedback:

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Event number: 19: 100M BACKSTROKE WOMEN 11-12				Heat:15, starttime: 10:40	
Heat: 15/20 Lane : 3 Athlete: SUY NORA				Q-time: 01:22:01	
PB (50m pool): 01:25.91 Antwerpen 15/03/2026				PB (25m pool): 01:22.01 SB: 01:25.91 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M			
PB	00:42.10	01:25.91			
	00:42.10	00:43.81			
					

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11-12					Heat:5, starttime: 11:08	
Heat: 5/12 Lane : 5 Athlete: DAEM JOPPE					Q-time: 02:55:70	
PB (50m pool): 02:56.06 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 03:02.69 SB: 02:56.06 Zwembad Brigitte Becue 26/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:39.38	01:25.71	02:19.44	02:56.06		
	00:39.38	00:46.33	00:53.73	00:36.62		
						

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 13-14				Heat:2, starttime: 11:38	
Heat: 2/9 Lane : 5 Athlete: BEULENS LOTTE				Q-time: 01:25:74	
PB (50m pool): 01:27.45 Zwembad Brigitte Becue 26/04/2026				PB (25m pool): 01:25.74 SB: 01:27.45 Zwembad Brigitte Becue 26/04/2026	
	5 0 M	1 0 0 M			
PB	00:40.85	01:27.45			
	00:40.85	00:46.60			
					

Coach feedback:

Event number: 21: 100M BREASTSTROKE WOMEN 13-14				Heat:3, starttime: 11:40	
Heat: 3/9 Lane : 5 Athlete: NGABO ANNABELLE				Q-time: 01:25:05	
PB (50m pool): 01:29.67 Lago Gent Rozebroeken 03/05/2026				PB (25m pool): 01:25.05 SB: 01:29.67 Lago Gent Rozebroeken 03/05/2026	
	5 0 M	1 0 0 M			
PB	00:42.46	01:29.67			
	00:42.46	00:47.21			
					

Coach feedback:

Event number: 22: 1500M FREESTYLE MEN 13-14							Heat:3, starttime: 12:34	
Heat: 3/3 Lane : 6 Athlete: DE BIE DAAN							Q-time: 18:19:62	
PB (50m pool): no time			PB (25m pool): 18:19.62 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								
	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
								
	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M		
PB	no time	no time	no time	no time	no time	no time		
								

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:3, starttime: 13:01	
Heat: 3/15 Lane : 4 Athlete: BOGAERT HANNE					Q-time: 02:46:12	
PB (50m pool): 02:54.58 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:46.12 SB: 02:56.73 Lago Gent Rozebroeken 03/05/2026						
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:42.69	01:26.89	02:12.08	02:54.58		
	00:42.69	00:44.20	00:45.19	00:42.50		
						



RBSF
ROYAL BELGIAN SHOOTING FEDERATION

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Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:4, starttime: 13:05
Heat: 4/15 Lane : 3 Athlete: DEGRANDE AN					Q-time: 02:45:35
PB (50m pool): 02:50.85 Gent 08/02/2026					PB (25m pool): 02:45.35 SB: 02:50.85 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.12	01:25.20	02:09.00	02:50.85	
	00:41.12	00:44.08	00:43.80	00:41.85	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:10, starttime: 13:27
Heat: 10/15 Lane : 5 Athlete: BEULENS LOTTE					Q-time: 02:39:97
PB (50m pool): 02:41.55 Gent 08/02/2026					PB (25m pool): 02:39.97 SB: 02:41.55 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:18.95	02:00.80	02:41.55	
	no time		00:41.85	00:40.75	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:10, starttime: 13:27
Heat: 10/15 Lane : 7 Athlete: DE BACKER SOPHIE					Q-time: 02:40:39
PB (50m pool): 02:47.67 Lago Gent Rozebroeken 03/05/2026					PB (25m pool): 02:40.39 SB: 02:47.67 Lago Gent Rozebroeken 03/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.61	01:23.82	02:07.89	02:47.67	
	00:40.61	00:43.21	00:44.07	00:39.78	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:12, starttime: 13:35
Heat: 12/15 Lane : 6 Athlete: STORME IEME					Q-time: 02:38:09
PB (50m pool): 02:44.72 Lago Gent Rozebroeken 03/05/2026					PB (25m pool): 02:38.09 SB: 02:44.72 Lago Gent Rozebroeken 03/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.22	01:20.93	02:03.03	02:44.72	
	00:39.22	00:41.71	00:42.10	00:41.69	
					

Coach feedback: